

## Spray Tanning Instructions

1



Undress to comfort level & remove jewelry



Put on hair cap - leave ears & hairline exposed



Apply a thin layer of blending cream to hands & feet including nails



Use sticky feet footies provided by salon to keep bottom of feet clean

**NOTE:** the FDA recommends wearing protective eyewear, nose filters, ear plugs, lip balm, and undergarments. Ask the salon staff for details.

2



Wave your hand in front of the green light to start. Audio instructions will walk you through 4 easy positions.

3

Remove blending cream.  
Wait 4-6 hours before getting wet, like working out or showering.  
Keep your skin moisturised for a longer lasting tan.